8TH HELMUT REMSCHMIDT RESEARCH SEMINAR

Building child and adolescent mental health capacity and service development through research



20 – 25 February 2022 Bab Al Shams Desert Resort, Dubai, UAE









CHILD AND ADOLESCENT MENTAL HEALTH: SHAPING THE FUTURE

DUBAL I UNITED ARAB EMIRATES





6 6 Join us at the 25th World Congress of the International Association for Child and **Adolescent Psychiatry and Allied Professions**

— Dr. Ammar Albanna Congress Chair

What to Expect

The 25th World Congress of the International Association for Child Adolescent Psychiatry and Allied Professions (IACAPAP) in collaboration with Al Jalila Children's Speciality Hospital (AJCH)

and the Emirates Society for Child and Adolescent Mental Health (ESCAM) will be held from 05 - 09 December 2022 in Dubai. United Arab Emirates

Program Overview

Child and Adolescent Mental Health: Shaping The Future!

With the advent of modern technology, child mental health is on the verge of witnessing a revolution. Harnessing modern technology will indeed change every aspect of mental health practice and offer exceptional opportunities for patients, families, and the community at large.

The theme of the congress will focus on the role of modern technology in shaping the future of child mental health and there is no better place to examine this theme than Dubai, the city of the future!

Registration opens 30 January 2022 iacapap2022.com









HOSTED BY



8th Helmut Remschmidt Research Seminar

Building child and adolescent mental health capacity and service development through research

20 – 25 February 2022 • Bab Al Shams Desert Resort, Dubai, UAE





Coordinators

· IACAPAP HRRS Programme Coordinator:

Prof Petrus J de Vries (South Africa)

· Local Coordinators:

Dr Hesham Hamoda (USA) Dr Ammar Albanna (UAE)

Acknowledgements

I would like to thank Prof. Petrus de Vries, Helmut Remschmidt Research Seminar Coordinator for his dedication and invaluable advice in organizing the seminar here in Dubai. I would also like to thank all the mentors – international and local – for taking time out of their schedules to pass on invaluable guidance and learning to the new generation of researchers in the field of child and adolescent psychiatry and mental health.

A special thanks to the executive management and staff at Al Jalila Children's Speciality Hospital in Dubai, for hosting the special lecture at the hospital.

Finally, I would like to express my gratitude to the local organizing committee of IACAPAP for their hard work to make this event possible, especially in the midst of the current circumstances.

Dr. Ammar Albanna MD FRCPC IFAPA
Head of Child and Adolescent Mental Health Center of Excellence
Consultant Child and Adolescent Psychiatrist
Assistant Professor in Psychiatry, MBRU
President, Emirates Society for Child Mental Health, EMA

Contents

Contents	5
Welcome from Prof Helmut Remschmidt	6
Welcome from Dr Ammar Albanna, Chair of the 25th IACAPAP Congress	7
About the Helmut Remschmidt Research Seminar (HRRS)	8
In memory of Prof Per-Anders Rydelius	9
About the mentors	11
Dr Azhar Abu-Ali, PhD	11
Dr Yasser Ad-Dabbagh, MD, DPM, FRCPC, FIPA	12
Dr Ammar Albanna, MD, FRCPC, IFAPA	
Prof Maretha de Jonge, PhD	_
3 ·	
Prof Petrus J de Vries, MBChB, FRCPsych, PhD	
Prof Bruno Falissard, MD, PhD	
Dr Hesham Hamoda, MD, MPH	
Prof Christina Schwenck, PhD	18
About the HRRS participants	19
Afnan	19
Alexandra	20
Ali	
Bahadir	
Camille	
Cristina	
Fatimah	-
Intissur	_
HasalaLaith	_
Mira	_
Nadine	
Nusrat	
Ons	_
Roberto	
Saeeda	_
Sara	
Shaikha	41
Simone	42
Draft Programme	43
Notes	46

Welcome from Prof Helmut Remschmidt

This is only the second time that I am not able to attend an HRRS, namely the 8th HRRS in Dubai. I deeply regret this, but am absolutely convinced that Petrus de Vries and the local team have prepared an excellent programme, selected interested fellows and invited experienced mentors who will guarantee its success.

When I started this initiative, first in 1983 in Germany (altogether 6 seminars in the following years), then since 1998 at the European level (also 6 consecutive seminars, mainly in Italy), and finally – with the support of IACAPAP since 2007 –



photo courtesy of Prof Christina Schwenck

internationally, (starting with one seminar in Porto Alegre, Brazil and another one in the same year in Istanbul), I would never have imagined how successful this venture would turn out to be. Interestingly enough, the basic structure of the seminars have remained the same from the very beginning up to now. So far, more than 200 fellows have attended the seminars and, when adding the previous German and European seminars, the number is closer to 500. The 8th HRRS in Dubai will be the 21st of all the Research Seminars since their inception in 1983. No formal follow-up study with regard to the careers of the former fellows has been conducted to date, but nevertheless, I know that a large number of them have become well-known researchers and quite a few are now professors at universities in different parts of the world.

I am also very pleased that the HRRS and the Donald J Cohen Fellowship Programme, which I was able to establish in 2004 at the 16th IACAPAP World Congress in Berlin, are strongly complementary and that the IACAPAP World Congresses offer the possibility to the fellows of both programmes to meet.

I wish all of you – fellows, mentors, and the organizing staff – exciting days, fruitful discussions and personal exchanges in a constructive and friendly atmosphere, which is also a prerequisite for original and high quality research.

I want to thank very cordially Petrus de Vries, Ammar Albanna and Hesham Hamoda for their hard work to make the seminar a success. My thanks go also to the local organization and to IACAPAP for their financial and ideational support.

Finally, I am deeply touched that the 8th HRRS will be dedicated to my dear friend and colleague, Prof Per-Anders Rydelius, who was a wonderful mentor for young child psychiatrists all over the world.

Prof Helmut Remschmidt, MD, PhD, FRCPsych Professor for Child Psychiatry Honorary President of IACAPAP

Welcome from Dr Ammar Albanna, Chair of the 25th IACAPAP Congress

Dear colleagues,

I am so pleased to welcome you to the 8th Helmut Remschmidt Research Seminar (HRRS) that will be held in a breath-taking desert resort Dubai!

The world is witnessing significant technology-driven advancements that have advanced different domains of child and adolescent mental health, from innovative screening methods, characterization of mental disorders, to early intervention and management. Further, some of these promising technologies are enhancing capacity and improving



health care delivery across the world including in low-income countries. Furthermore, the need for innovative enhancement of the capacity of child and adolescent mental health services became more prominent in the current COVID-19 pandemic. There is no doubt that research plays a crucial role in the development of child mental health systems of care, and HRRS brings together global and local expertise in this field, in order to train and mentor early career mental health professionals. Hence, the theme for the 2022 HRRS will be "Building child and adolescent mental health capacity and service development through research". The carefully selected group of HRRS2022 fellows will work on projects with the potential to improve mental health care capacity in their respective countries, and the HRRS structure including close mentorship will hopefully support them in reaching their goals.

This topic is in line with the 25th IACAPAP congress theme: "Child and Adolescent Mental Health: Shaping the Future". We also look forward to welcoming you to Dubai for the 2022 IACAPAP congress, that will serve as a hub to discuss current child and adolescent mental health challenges and different innovative approaches, from a global perspective (www.iacapap2022.com).

Dr. Ammar Albanna IACAPAP 2022 Congress Chair

About the Helmut Remschmidt Research Seminar (HRRS)

The HRRS started as "The European Research Seminar" in 1998 in Heidelberg, following a model that had already been used before in Germany by Martin Schmidt and Helmut Remschmidt. The aim of the seminars was to help young researchers in the field of child and adolescent mental health (CAMH) to pursue a scientific career. When professor Helmut Remschmidt was elected President of IACAPAP in 1998, he transferred the Research Seminars to an international level.

At the 17th IACAPAP Congress in Melbourne 2006, the IACAPAP executive committee agreed to arrange research seminars, named the IACAPAP Helmut Remschmidt Research Seminars (HRRS), in the geographical area where the next IACAPAP Congress will take place. The first of the HRRS took place in Turkey (Istanbul, 2008), followed by China (Beijing, 2010), France (Paris, 2012), South Africa (Stellenbosch, 2013), Canada (Kannanaskis, 2015), Czech Republic (Svata Katerina, 2017) and Singapore (2019). The seminars take place approximately 6–12 months before the Congress. Given that the next IACAPAP congress will be in Dubai in December 2022, a decision was therefore made to have the HRRS2022 in Dubai with a particular focus on the Eastern Mediterranean/Gulf Region. The specific theme selected for the 8th HRRS is "Building child and adolescent mental health capacity and service development through research".

The overarching vision and mission of IACAPAP as set out in the constitution is "to promote the study, treatment, care and prevention of mental and emotional disorders and disabilities of children, adolescents and their families". The purpose of the HRRS is to inspire young colleagues from child & adolescent mental health disciplines to engage in research. The aims of the 5-day seminar are therefore to provide basic knowledge in key aspects of research design in child and adolescent mental health, skills in presenting research to colleagues, skills in commenting on the research of others, and to enable participants to carry out their own research projects under the specific circumstances of their departments, countries and contexts.

Each seminar participant is asked to bring a research plan or an ongoing project to present and work on in small groups supervised by 1 or 2 mentors. Mentors are experienced child & adolescent mental health clinician-scientists, supported by research colleagues from local organizing institutions. Mentors typically present papers in the morning and lead small group work in the afternoon. The desired outcome of the HRRS is for participants to have developed and shaped research projects that can be performed in the environment where the participant is based. In addition, participants will be encouraged to prepare abstracts for submission to the IACAPAP congress in 2022.

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In memory of Prof Per-Anders Rydelius

We dedicate the HRRS2022 to Prof Per-Anders Rydelius (affectionately referred to as 'PA') who was one of the founding coordinators and mentors of the HRRS with Prof Helmut Remschmidt. Prof Rydelius passed away in December 2021. We will miss his wisdom, humour and 'cute stories'. We celebrate his immense contributions to IACAPAP, the HRRS and to the career development of hundreds of early career mental health researchers all over the globe.



Prof Per-Anders Rydelius

MD, PhD (1945-2021)

Per-Anders Rydelius was Professor of Child & Adolescent Psychiatry at the Karolinska Institute in Stockholm, Sweden between 1989-2019 (from 2013 Senior Professor), after which he became Professor Emeritus, while still working as a senior consultant in child & adolescent psychiatry at the Stockholm County Council. He was deputy clinical director and clinical director of the Clinical services at the Department of Child & Adolescent Psychiatry at the Karolinska Institutet/Stockholm County Council in Stockholm from 1978 – 1996. He trained in management at the programme for Executive Education /Health Care (Stockholm School of Economics) and was the Dean for the Department of Women and Children's Health at the Karolinska Institutet (including the Divisions of Obstetrics/ Gynecology, Neonatology, Pediatrics, Pediatric Endocrinology, Pediatric neurology, Orthopedics, Reumatology, Paediatric Oncology and Hematology, Child Surgery, Child and Adolescent Psychiatry and Midwife education) between 2000-2006.

In 1981, he defended his thesis "Children of alcoholic fathers – their social adjustment and their health status over 20 years", and became a lecturer in child & adolescent psychiatry in 1982. He supervised 22 PhD-students. From 2008 until ICD-11 was presented in 2019, he was a member of the WHO Advisory Group for the revision of ICD-10 to ICD-11 and a member of the Working Groups on the WHO-revision of ICD-10 classification of Mental and Behavioral Disorders in Children and Adolescents and in Eating Disorders.

His research interest focused on longitudinal perspective studies to explore the long-term consequences of familial stress on children's wellbeing, on the great variance of mental age in growing children of the same age and on the importance of relative immaturity to understand psychopathology in children. He was a member of the Editorial Boards of several Journals, and published more than 200 articles and chapters in journals and books.

Prof Rydelius was one of the founding coordinators of the IACAPAP Helmut Remschmidt Research Seminars, established in 2006. He was Secretary-General of IACAPAP between 2004-2006, IACAPAP President from 2006 – 2010, after which he was made an Honorary President of IACAPAP.

Per-Anders went to school in Sweden while German was still taught as one of the major languages, and he therefore read and understood German. He collected most of the German textbooks of related to Child and Adolescent Psychiatry and had many historical ones.

He was a very active clinical academic physician and a wonderful mentor for young child psychiatrists all over the world. Professor Rydelius was a remarkable story-teller and a passionate moose hunter. Moose hunting season was a special time for him and the moose-hunting month of October could not be occupied by any other activities. All who have known him, will remember him as a generous, kind, modest, and noble man with great knowledge and a human approach. He is survived by his wife Eva-Lena a daughter, a son and three grandchildren.

1

About the mentors

(in alphabetical order)

Dr Azhar Abu-Ali

PhD

Azhar Abu-Ali is a senior licensed clinical psychologist at Al Jalila Children's speciality Hospital. She is the Scientific Chair of the Emirates Child and Adolescent Mental Health Society (ESCAM) Board and the Chairperson of the Infant Mental Health Committee under ESCAM, in addition to a member the Arabian Child and Adolescent Mental Health Association. Dr. Abu-Ali specializes in working with children, adolescents, and families. Her other specializations include working with trauma survivors such as domestic violence, child abuse, war, medical trauma, grief and loss, and complex trauma. Additionally, Dr. Abu Ali



provides specialized psychotherapy modalities including play, sand, and art therapy. Dr. Abu-Ali has previously served as the Director of Care and Rehabilitation in the Dubai Foundation for Women and Children, worked as a Research Consultant with the World Bank, and served in other capacities such as Clinical Intern Supervisor, and Director of the school-based mental health program for immigrants at the Center for Multicultural Human Services in the United States. She received her academic and clinical training in California and Virginia.

Dr. Abu-Ali published and participated in comprehensive regional research and theoretical projects focusing on adolescent identity development, child survivors of trauma, treatment efficacy, and multicultural competency. Her most recent research study was grant-funded research by Al Jalila Foundation and was completed in January of 2019 on caregiving and chronic pediatric illness in the United Arab Emirates. She further specializes in developing and conducting training workshops for professionals in the field of mental health and health care. Recent topics have focused on pediatric psychology and interpersonal childhood trauma. Dr. Abu-Ali is also committed to community mental health awareness and prevention, and has provided community-based workshops.

Dr Yasser Ad-Dabbagh

MD, DPM, FRCPC, FIPA

Yasser Ad-Dabbagh is a child and adolescent psychiatrist and psychoanalyst, and a neuroscience and mental health researcher at King Fahad Specialist Hospital (KFSH-D) in Jeddah, Saudi Arabia. He has a particular clinical interest in pediatric neuropsychiatry, developmental disorders and in adult psychotherapy. Dr. Ad-Dabbagh also consults for the Saudi Ministry of Health as the Lead on the National Strategy for Mental Health, Addictions and Developmental Disorders.



Dr Ammar Albanna

MD, FRCPC, IFAPA

Ammar Albanna is a Canadian-trained child and adolescent psychiatrist and the Head of the Child and Adolescent Mental Health Center of Excellence at Al Jalila Children's Specialty Hospital in Dubai. He is the founding president of the Emirates Society for Child and Adolescent Mental Health, the national representative society for this field in United Arab Emirates, under the Emirates Medical Association. He is an Assistant Professor in Psychiatry at Mohammed Bin Rashid University of Medicine and Health Sciences in Dubai (MBRU). Dr. Albanna completed his psychiatry residency and child and adolescent



psychiatry training at McGill University, Canada. He then Joined the Toronto Hospital for Sick Children as a fellow in Pediatric Neuropsychiatry.

Dr. Albanna is a Fellow of the Royal College of Physicians and Surgeons of Canada, and an international fellow of the American Psychiatric Association. He also holds a Master's degree in Healthcare Leadership from McGill University. Dr. Albanna has peer-reviewed research publications and is a recipient of Research Grant Awards as the Principal Investigator, including the Dubai Harvard Center for Global Healthcare Delivery Research Award and from Al Jalila Foundation. His current research focus is on neuropsychiatric disorders in the UAE including Autism Spectrum Disorder and innovative models for healthcare delivery. Dr. Albanna has received awards for recognition of his clinical, research and educational work. He is regularly invited to present at local and international scientific meetings.

Dr. Albanna is a peer reviewer for scientific medical journals and served on and chaired the scientific committee of several conferences. Dr. Albanna has chaired a global mental health conference on Autism Spectrum Disorder and will chair the global congress of the International Association of Child and Adolescent Psychiatrists and Allied Professionals (IACAPAP) in 2022 in Dubai, following a winning bid for Dubai to host this prestigious congress. He is a member of the Institutional Review Board (IRB) at Mohamed Bin Rashid University. Further, served on the Jury committee for Princess Haya Award for Special Education, and Fatima Bint Mubarak Award for Motherhood and Childhood.

Prof Maretha de Jonge

PhD

Maretha de Jonge is a professor at the Institute of Education and Child Studies of the University Leiden, the Netherlands. She studied child and adolescent psychology and completed her PhD thesis on endophenotypic markers and the broader phenotype of autism spectrum disorders. She completed her clinical training in child and adolescent psychology and psychotherapy at the University Medical Center Utrecht and was trained as a cognitive behavioral therapist specialized in youth. Her clinical expertise and research focuses on two different disorders affecting social-communicative functioning: autism



spectrum disorders and selective mutism. She established a specialized clinical team for children and adolescents with selective mutism at the Department of Psychiatry of the University Medical Center Utrecht, and developed an innovative blended care cognitive behavioral treatment programme for children with selective mutism aged 4–8 years.

Since 2017 she continued her teaching and research at the University Leiden and recently continued her clinical work at the University Centrum for Diagnosis and Treatment. She has published 55 articles in international peer-reviewed journals, 11 articles in national peer-reviewed journals, several book chapters and is the editor of a book on autism spectrum disorders. She is the course leader and a senior Lecturer in the professional clinical practice postgraduate program for child and adolescent psychologists and for family and educational psychologists.

Prof de Jonge endorses the importance of global collaboration in mental health. As the chair of foundation "Nour" she supports local parents to improving care and education for children with autism in a low resource area in Morocco. As such she considers collaborative research with Moroccan and other international partners enjoyable, instructive and very important.

14

Prof Petrus J de Vries

MBChB, FRCPsych, PhD

Petrus de Vries is the Sue Struengmann Professor of Child & Adolescent Psychiatry, and Director of the Centre for Autism Research in Africa (CARA) at the University of Cape Town. He trained in Medicine at Stellenbosch University in South Africa before moving to the UK where he completed his clinical training in Psychiatry and Child & Adolescent Psychiatry, and a PhD in Developmental Neuropsychiatry at the University of Cambridge.

Prof de Vries returned to South Africa in 2012 with the main purpose of building research and research capacity in Child &

Adolescent Mental Health in Africa and other low-resource environments. He organized and led the 2013 Helmut Remschmidt Research Seminar in Stellenbosch, South Africa and was vice-chairman of the Scientific Committee for the 2014 IACAPAP (International Association for Child and Adolescent Psychiatry and Allied Professions) congress, held in Durban, South Africa. In 2015, he was elected on the IACAPAP Executive Committee to co-lead future Helmut Remschmidt Research Seminars with Prof Per-Anders Rydelius from the Karolinska Institute in Sweden. Together, they led HRRS seminars in South Africa (2013), Canada (2015), Czech Republic (2017) and Singapore (2019).

He is currently Treasurer of IACAPAP, co-edits the IACAPAP Monograph, is Chairman of the African Division of the Royal College of Psychiatrists (UK), and President of SA-ACAPAP (South African Association for Child & Adolescent Psychiatry and Allied Professions). He was Secretary of INSAR (International Society for Autism Research) from 2019-2021 and is a scientific advisor to a number of international organizations on Autism Spectrum Disorders and Tuberous Sclerosis Complex and other developmental disabilities.

Prof Bruno Falissard

MD, PhD

After some initial training in mathematics and fundamental physics (Ecole Polytechnique, Paris), Bruno Falissard engaged in medical studies and specialized in Child and Adolescent Psychiatry in 1991. His PhD was in biostatistics and his post-doc in psychometrics and exploratory multidimensional methods. He was assistant professor in child and adolescent psychiatry in 1996–1997, associate professor in Public Health in 1997–2002 and full professor in Public Health from 2002. He is at the head of the Master in Public Health of South-Paris University and at the head of the "Center of Epidemiology and Population Health"



(400 members). He is co-author of about 400 papers and author of 4 books. He has clinical activity in child and adolescent psychiatry. His personal areas of research are about methodology and epistemology of mental health research. In 2015–2018 he was the president of IACAPAP (International Association for Child and Adolescent Psychiatry and Allied Professions). He is also a member of the French Academy of Medicine.

Dr Hesham Hamoda

MD, MPH

Dr. Hesham Hamoda is an Assistant Professor at the Harvard Medical School and a Child and Adolescent Psychiatrist at Boston Children's Hospital. A graduate of Kuwait University Faculty of Medicine, he completed residency training in Psychiatry and a Fellowship in Child and Adolescent Psychiatry at the Harvard Medical School. He also holds a Master of Public Health (MPH) degree from the Harvard School of Public Health in Global Health.



He currently serves as a Vice-President of the IACAPAP and is the Editor of the IACAPAP Bulletin. As a consultant for the

World Health Organization (WHO), he led the development of a school mental health programme for the Eastern Mediterranean Region.

His research has focused on implementation of mental health programmes in developing countries, on neuroimaging in early onset psychosis and ADHD, and on the co-morbidity between ADHD and Epilepsy.

PhD

Prof. Dr. Christina Schwenck is professor for Special Needs Educational and Clinical Child and Adolescent Psychology at the University of Giessen, Germany. She studied psychology at the Universities of Würzburg and Madrid and completed her PhD in Developmental Psychology at the University of Würzburg. She worked at the Departments of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy of the University Hospitals of Würzburg, Munich and Frankfurt. She is a trained child and adolescent psychotherapist (specification behavior therapy) and a trained supervisor. Her research interests include selective



mutism, conduct disorder and children of parents with mental illness. She has published 69 articles in peer-reviewed journals and several book chapters on childhood mental health. She is editor of three book series on child and adolescent psychotherapy, psychology in school and psychotherapeutic children's books. In her free time, she follows her passion for photography around the globe.

Dr. Schwenck is currently Secretary-General of IACAPAP. Her vision is to strengthen training and promotion of child and adolescent mental health professionals, particularly in low- and middle-income countries, including long-term mentorships for early career scientists and clinicians in this important field. Furthermore, she aims to attract more allied professionals into IACAPAP to enhance active collaboration between professions in order to provide optimal care for children and adolescents with mental health problems.

18

About the HRRS participants

(in alphabetical order by first name)

Afnan

1	Your first name	Afnan
2	Your surname	Al-Marshedi
3	What would you like us to call you?	Afnan
4	Your qualifications	MD from KSU, Riyadhm Saudi Arabia. Saudi and Arab Board in Psychiatry, fellowship in Child & Adolescent Psychiatry, University of Toronto, Canada. IHI Certification in Patient Safety and Quality. Work Place Mental Health Leadership by University of Queen's, Canada. MSc(C) in System Leadership and Innovation –Dalla Lana School of Public Health, University of Toronto, Canada.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	Prince Sultan Military Medical City, Ministry of Defense Health Affairs
7	In which country are you currently working?	Riyadh, Saudi Arabia
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Cultural Adaptation of a social skills intervention program for children and adolescents with Neurodevelopmental Disabilities
9	What particular things are you hoping to come and learn at the HRRS?	Research project customization to the culture and resources, data interpretation and dissemination
10	Do you have any requests for the mentors?	Someone with expertise in cultural adaptation and translational research
11	Any dietary requirements?	None

Alexandra

1	Your first name	Alexandra
2	Your surname	Chen
3	What would you like us to call you?	Alexandra
4	Your qualifications	A.B., A.M., Ed.M, Ph.D.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist & Psychotherapist
6	At what institute/clinic/ hospital/university are you currently working?	Consultant for multiple clinics and schools in the Middle East by the UN, World Bank, Oxfam, and various local organizations.
7	In which country are you currently working?	Lebanon Syria Iraq Jordan Turkey
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	I am in the process of transforming two of my dissertation papers into journal articles and would be grateful for mentorship in this regard.
9	What particular things are you hoping to come and learn at the HRRS?	More about grant-writing, which I have only done in a humanitarian context but have only minimal experience (2 projects) in an academic context. Specifically, would be keen to know who is keen to support child mental health research in the Middle East

10	Do you have any requests for the mentors?	First of all, I am so grateful for this generous question!! My thoughts are as follows:
		1. For HRRS mentors to share in advance their profiles and specifically 2 or 3 research projects they have led/worked on and a couple bullets on the associated challenges. This way, we can read up, learn from their experiences, and come ready with questions to make the in-person time more fruitful.
		Would love advice on the manuscript submission process and unspoken politics/rules of publishing.
		3. I have studied the programme in detail, and among the many exciting activities planned, I am grateful for 1:1 mentoring sessions. To maximise our learning, could it perhaps be organised as a "speed dating" style where we each get 15 min with 4 mentors (or 20 min x 3) = 1 hour, to maximise learning in the form of targeted questions?
11	Any dietary requirements?	Pescetarian + Gluten Allergic (i.e. no chicken, meat, bread or pasta, but anything fish/seafood or rice is fine)
12	Any other comments?	Thank you for having me! I am so excited and grateful to join this wonderful community and be with IACAPAP again!

Ali

1	Your first name	Ali
2	Your surname	Sulais
3	What would you like us to call you?	Ali
4	Your qualifications	Psychiatry Resident, PGY3, Bachelor's in medicine and surgery
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	King Fahd Specialist Hospital – Dammam
7	In which country are you currently working?	Kingdom of Saudi Arabia
8	Briefly describe the project/academic piece/scholarship you want to work on at the HRRS2022	 Psychiatric complications and opioid-related problems among children with Sickle Cell Disease (SCD): SCD is an inherited, chronic hematological disease highly prevalent in my area; however, its psychological impact is not frequently discussed. It adversely affects physical health and growth. Children with SCD have frequent hospital admissions, operations, apparent physical manifestations making them look different from their peers, and are exposed to frequent severe pain. Painful crises usually mandate the frequent use of opioid analgesics; which are known to have psychiatric complications. All of these factors impact the child overall psychological wellbeing, school performance, and peer relations. Professional (mainly teachers, pediatric and family physicians) awareness about and willingness to report child abuse and neglect: Limited information is available about the rates about child abuse and neglect in our area, and a limited number of cases is being reported; despite the hazardous effects abuse exerts on children overall health. The projects aims at exploring the level of knowledge about abuse and its indicators, and identifying the reasons behind possible under-reporting; as an attempts to address this issue.

9	What particular things are you hoping to come and learn at the HRRS?	Determine what method is best for a particular research idea Plan and design researches in the best possible way Properly put research results into words in a scientific way Overcome obstacles researchers might face with data collection, participants recruitment and commitment, publishing etc Get inspirational thoughts and plans for future research work Gain new research skills that I can spread and apply back in my institution and improve research outcomes at it And to learn from, Meet and communicate with international researcher in my professional field
10	Do you have any requests for the mentors?	To help me improving my ideas and implementing them, and to benefit from their knowledge and experience to gain guidance through my research conduction and publishing.
11	Any dietary requirements?	No

Bahadir

1	Your first name	Bahadır
2	Your surname	Turan
3	What would you like us to call you?	Bahadir
4	Your qualifications	MD (Child and Adolescent Psychiatry) PhDc (Interdisciplinary Artificial Intelligence Technology)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	Turkish Ministry of Health, General Directorate of Health Services, Autism, Mental Special Needs and Rare Diseases Department Karadeniz Technical University, Faculty of Medicine, Department of Child and Adolescent Psychiatry
7	In which country are you currently working?	Turkey
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Problems with social-emotional processing, attention biases to foods are known to be important contributors to the development and maintenance of eating disorders. Various neurocognitive (eye-tracking etc.) and neuroimaging studies have been conducted particularly these groups' responses to food. In this project, the responses of these patients to foods will be investigated with a computer-based programme that detects the intensity of facial movements. Facial responses to foods will be compared using a structured task for four groups of patients (anorexia nervosa, bulimia nervosa, obesity, and healthy control). This project may provide objective data that will allow the development of various therapeutic interventions for emotional perceptions about food in these groups.
9	What particular things are you hoping to come and learn at the HRRS?	Techniques/strategies for successful grant applications and fundamentals of multi-center research methodology

10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	Looking forward to meeting and learning from the mentors and fellow peers.

Camille

1	Your first name	Camille
2	Your surname	Noël
3	What would you like us to call you?	Camille
4	Your qualifications	Medical doctor, psychiatrist.Master in Philosophy.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist. As a clinician, I work as a child psychiatrist.
6	At what institute/clinic/ hospital/university are you currently working?	(Child psychiatrist & scientific collaborator): Child psychiatry department, Centre Hospitalier Universitaire Saint-Pierre, Université Libre de Bruxelles, Brussels.
		2. (Child psychiatrist): Child & adolescent psychiatry hospital La Petite Maison ACIS, Chastre.
		3. (Lecturer, perinatal psychiatry, bachelor in midwifery) : Haute Ecole Libre de Bruxelles Ilya Prigogine, Brussels.
7	In which country are you currently working?	Belgium
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	The Kangaroo Mother Care (KMC) project keeps preterm or term babies in skin-to-skin contact (SSC) in the neonatal intensive care unit (NICU) and avoids maternal-infant separation (which induces autonomic and physiological dysregulation and adverse stress neurobiology).
		The project consists in non-separation of the parent-infant dyad/triad from birth, for babies with a gestational age from 34 weeks and a birth weight over 1800g. From birth, the newborn will be transferred to NICU in parent's SSC (even if respiratory support is required). All care will be done in KMC. After the first 6 hours from birth on in KMC, the baby will be in KMC for at least 10 hours/day.
		Parameters will be compared to a preterm babies' control population. Items recorded 6 months after discharge include infant behavior, mother-to-infant bonding, postnatal depression, breastfeeding duration, infection and hospitalization episodes.

		The study hopes to show that KMC from birth on provides infant mental and physical outcomes, parental satisfaction, and less maternal depression. After the pilot study, the project hopes to safely extend KMC to a lower gestational age. The project aims to improve infant and parental wellbeing and reduce overall health cost.
9	What particular things are you hoping to come and learn at the HRRS?	 I would love to go further in research skills. I would love HRRS to help me specify the research question I would go deeper into and for which I would possibly look for a PhD project. I look forward to discovering EMR's professional and overall culture, and to meeting colleagues from various countries in the hope of developing together research and intervention projects, e.g. collaborative international articles and research projects, possibility for one another to experience an exchange period in each other's countries, and to collaborate together to foster a fellow's mental health intervention program, to do together "development cooperation". On a basic scale, we can already keep contact together after HRRS (for instance through a WhatsApp group) and exchange knowledge resources, news from our clinical and research projects and hardship and support each other in them.
10	Do you have any requests for the mentors?	Actually, I have gratitude to them for the opportunity to meet them, benefit from their experience, wisdom and expertise, be inspired by the human and scientific values they have carried out. I believe that meeting them and benefiting will foster us fellows and give us courage to achieve our dreams as child & adolescent psychiatrists or mental health professionals.
11	Any dietary requirements?	None
12	Any other comments?	Many, many thanks for accepting me in the HRSS. I am humbled and honoured to be part of the esteemed HRRS and I very much look forward to this exciting event and to meeting our mentors and the other fellows!

Cristina

1	Your first name	Cristina
2	Your surname	Vidal-Adroher
3	What would you like us to call you?	Cristina
4	Your qualifications	PsyD Clinical psychologist, PhD Student
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist
6	At what institute/clinic/ hospital/university are you currently working?	University of Navarra Clinic and University of Navarra
7	In which country are you currently working?	Spain
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Attention deficit and hyperactivity disorder and quality of diet in children and adolescents. Association of ADHD incidence and Mediterranean diet in children and adolescents.
9	What particular things are you hoping to come and learn at the HRRS?	I hope to learn more about research in child and adolescent mental health and how to carry research projects in my hospital. I would also like to learn more about exposing my research to others and how to interpret other research projects and papers.
10	Do you have any requests for the mentors?	Prof Petrus J de Vries
11	Any dietary requirements?	I don't eat most meat, only chicken.

Fatimah

1	Your first name	Fatimah
2	Your surname	AlDandan
3	What would you like us to call you?	Fatimah
4	Your qualifications	Bachelor of Medicine and Surgery from Imam Abdulrahman bin Faisal University
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatry resident-R3
6	At what institute/clinic/ hospital/university are you currently working?	King Fahad Hospital of the University in Khobar
7	In which country are you currently working?	Saudi Arabia, Eastern Province
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Assessment of neurodevelopmental outcomes of neonates born to mothers infected with COVID-19
9	What particular things are you hoping to come and learn at the HRRS?	I hope to expand my knowledge and skills in research, develop a sound methodology, and network with colleagues that share same interests.
10	Do you have any requests for the mentors?	I would appreciate the help and guidance to implement the research project.
11	Any dietary requirements?	None
12	Any other comments?	Thank you for the opportunity

Intissur

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1	Your first name	Intissar
2	Your surname	Ben turkia
3	What would you like us to call you?	Intissar
4	Your qualifications	At the last month of my residency in child and adolescent psychiatry Medical degree
		Joyful and always smiling person , seek personal and professional improvement , look for new experiences, love food, enjoy the simple pleasures of life
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and adolescent psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	Rouvray Hospital Center
7	In which country are you currently working?	France
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	I want to seize the occasion to work on and improve my project which consists of studying the relationship between emotional dysregulation and Attention Deficit Hyperactivity Disorder (ADHD) and how to improve the quality of life of patients with ADHD by improving their emotional regulation.
9	What particular things are you hoping to come and learn at the HRRS?	Enrich my knowledge in key aspects of research design and improve my skills in presenting research to colleagues and also meet more experienced people in my field and have the opportunity to exchange with them about their clinical practice in their countries and about life.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No

Hasala

1	Your first name	P. K. D. Hasala J. L.
2	Your surname	De Silva Rajaratne
3	What would you like us to call you?	Hasala
4	Your qualifications	MBBS (Colombo), PG Dip in Psychiatry (Colombo), MD Psychiatry (Colombo)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Senior Registrar in Child & Adolescent Psychiatry (Trainee Psychiatrist)
6	At what institute/clinic/ hospital/university are you currently working?	Lady Ridgeway Hospital, Colombo, Sri Lanka
7	In which country are you currently working?	Sri Lanka
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Title: The prevalence and associated factors for mental health problems among children and adolescents (aged 6 – 14 years) diagnosed with Type 1 Diabetes Mellitus (T1DM) attending an outpatient clinic at Lady Ridgeway Hospital, Colombo.
		A descriptive cross-sectional study among children/adolescents attending the Endocrinology Clinic at Lady Ridgeway Hospital is planned. This study aims to determine the prevalence of and associated factors for psychological problems among these children. It is hoped that findings of this study will increase awareness and identify high risk cohorts of children needing psychological support and pave the path for further study in the field.
9	What particular things are you hoping to come and learn at the HRRS?	To improve my knowledge, skills and broaden my perspectives, in order to become a better researcher and clinician.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No

Laith

1	Your first name	Laith
2	Your surname	Alfalah
3	What would you like us to call you?	Laith
4	Your qualifications	MD, MSc in Child and Adolescent Mental Health, Jordanian Board in Psychiatry
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	Private clinic, Lecturer at the Faculty of Medicine, The University of Jordan
7	In which country are you currently working?	Jordan
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	
9	What particular things are you hoping to come and learn at the HRRS?	Mental health research methodologies
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No

Mira

1	Your first name	Mira
2	Your surname	Dali Balta
3	What would you like us to call you?	Mira
4	Your qualifications	MSc & Clinical Psychology Training
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist
6	At what institute/clinic/ hospital/university are you currently working?	American University of Beirut
7	In which country are you currently working?	Lebanon
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	The relationship between suicide attempts and sexual misconducts (assault and harassment) in undergraduate college students from the LGBTQ+ community in Lebanon.
9	What particular things are you hoping to come and learn at the HRRS?	Advanced research skills especially methodology and grants as well as meeting people from the field and getting inspired by their ideas.
10	Do you have any requests for the mentors?	Culturally specific discussions
11	Any dietary requirements?	No

1	Your first name	Nadine
2	Your surname	Vietmeier
3	What would you like us to call you?	Nadine (she/her)
4	Your qualifications	Psychologist (MSc), Licensed Psychotherapist for Children, Adolescents & Adults (CBT & Schema Therapy), Sports Scientist (MSc candidate)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist
6	At what institute/clinic/ hospital/university are you currently working?	Humboldt-Universität zu Berlin (Germany) Bielefeld University (Germany) Own outpatient clinic
7	In which country are you currently working?	Germany
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	"Hello anxiety! Detect social anxiety in children and adolescents" is one of my current research projects with the aim to identify biomarkers of social anxiety disorder (SAD) in children and adolescents and to improve and simplify the current diagnostic process of SAD in this age group. Currently, we are testing various simulated interaction tasks in a pilot study with children between 9 and 14 y, which will further be evaluated as a possible diagnostic tool for SAD.
9	What particular things are you hoping to come and learn at the HRRS?	I would like to have a cross-cultural exchange and become more sensitive to culture-specific aspects. I wish for suggestions to develop joint ideas for cooperation to be able to reach children and young people worldwide in need. For me personally, I would like to learn about the personal and professional experiences of others and to improve my research skills (including presenting and discussing in English).

34

10	Do you have any requests for the mentors?	I would love it if you shared your personal experiences: What was important for your personal journey? What challenges did you face and how did you overcome them? What advice would you give? And also what do you find most important for future research related to child and adolescent mental health?
11	Any dietary requirements?	vegan

1	Your first name	Dr. Nusrat Shamima Nur
2	Your surname	Nusrat
3	What would you like us to call you?	Nusrat
4	Your qualifications	MBBS, Trained in Child and Adolescent Psychiatry
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	Bangabandhu Sheikh Mujib Medical University, Bangladesh.
7	In which country are you currently working?	Bangladesh
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Assessment of family factors in relation to Conduct Disorder in Bangladesh
9	What particular things are you hoping to come and learn at the HRRS?	Research methodology
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	Halaal foods

Ons

1	Your first name	Ons
2	Your surname	Souid
3	What would you like us to call you?	Ons
4	Your qualifications	Child and adolescent psychiatrist, psychotherapist (Behavioral and cognitive therapy, EMDR therapy level 1) I am a mother of two kids
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/ hospital/university are you currently working?	University Hospital of Monastir, Tunisia
7	In which country are you currently working?	Tunisia
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	To create a classification based on age, clinical symptoms and severity of early childhood perturbations (developmental essentially) that could reveal a structural vulnerability and announce an early evolution to psychosis
9	What particular things are you hoping to come and learn at the HRRS?	I hope I will discuss my project with more experienced researchers, to have the opportunity to meet other young ones with talented ideas
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No

1	Your first name	Roberto	
2	Your surname	Grujicic	
3	What would you like us to call you?	Roberto	
4	Your qualifications	MD; Final year resident in Child and Adolescent Psychiatry; PhD Student in University of Belgrade, Serbia	
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child Psychiatry	
6	At what institute/clinic/ hospital/university are you currently working?	Department for Children and Adolescents, Institute of Mental Health, Belgrade, Serbia	
7	In which country are you currently working?	Serbia	
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	I'm currently working on my PhD thesis that is related to the child disciplining practices, child abuse and neglect in families, so this would be my main focus while working on the research skills at the HRRS2022.	
9	What particular things are you hoping to come and learn at the HRRS?	I'm hoping to improve my research skills, learn about different research methodologies and become an independent researcher.	
10	Do you have any requests for the mentors?	No special requests	
11	Any dietary requirements?	No	

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Saeeda

1	Your first name	Saeeda
2	Your surname	Almarzooqi
3	What would you like us to call you?	Saeeda
4	Your qualifications	Masters in Clinical Psychology
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist
6	At what institute/clinic/ hospital/university are you currently working?	Monarch Health Centers
7	In which country are you currently working?	UAE
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Interested in research related to Trauma in Children.
9	What particular things are you hoping to come and learn at the HRRS?	Learn to come up with research questions, how to use qualitative data in research and read graphs and charts.
10	Do you have any requests for the mentors?	Anyone who has interest in childhood trauma.
11	Any dietary requirements?	None

Sara

1	Your first name	Sara
2	Your surname	Alansari
3	What would you like us to call you?	Sara
4	Your qualifications	Master of Science (M.S.) Human Development and Family Science ; Bachelor of Arts (B.A.) Special Education, Concentration: Mild/Moderate Disabilities
5	Your professional group (e.g. psychiatrist, psychologist etc)	Educator
6	At what institute/clinic/ hospital/university are you currently working?	Ministry of Community Development/Syracuse University
7	In which country are you currently working?	United Arab Emirates
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	Discovering affective and behavioral characteristics of parents and their role in moderating the behavioral and comorbid sequelae associated with children with developmental disorders
9	What particular things are you hoping to come and learn at the HRRS?	 Gain insights about the latest research findings and questions in the field of child and adolescent mental health Get in touch with global pioneers in the field of child and adolescent mental health Building a network of young researchers with diverse backgrounds in the field of child and adolescent mental health Refine my planned future research projects Get in touch with mentors to support me in the process of applying to PhD programs in Clinical Psychology
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No

Shaikha

1	Your first name	Shaikha	
2	Your surname	Alhemeiri	
3	What would you like us to call you?	Shaikha	
4	Your qualifications	Masters in Clinical Psychology	
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist	
6	At what institute/clinic/ hospital/university are you currently working?	Al Jalila Children's Specialty Hospital	
7	In which country are you currently working?	UAE	
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	I do not have anything in particular. However, I do want to want to conduct a study that is related to psychosis. One idea I have in mind is to examine psychotic-like experiences in this region.	
9	What particular things are you hoping to come and learn at the HRRS?	Developing a sound research project and grant writing	
10	Do you have any requests for the mentors?	No	
11	Any dietary requirements?	No	

1	Your first name	Simone	
2	Your surname	Marchini	
3	What would you like us to call you?	Simone	
4	Your qualifications	MD	
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatry trainee	
6	At what institute/clinic/ hospital/university are you currently working?	Université Libre de Bruxelles (Belgium), Queen Fabiola Children's University Hospital	
7	In which country are you currently working?	Belgium	
8	Briefly describe the project/academic piece/ scholarship you want to work on at the HRRS2022	The research project I am working on aims to assess dimensional aspects of youth that may be representative of protective or risk factor to develop psychopathology in transitional age (16-23 y.o.). This study is based on a transversal and trans-diagnostic approach (Research Domain Criteria model).	
9	What particular things are you hoping to come and learn at the HRRS?	 Updated future directions in CAP research. How to balance clinic and research activity in CAP? Practical tips to write a solid manuscript/scientific text. 	
10	Do you have any requests for the mentors?	I would like to discuss about which are the most accurate ways to analyze data in order to ensure the dimensional approach.	
11	Any dietary requirements?	None	

Draft Programme

8th Helmut Remschmidt Research Seminar (HRRS2022)

United Arab Emirates, 20-25 February 2022

Sunday, 20 February 2022		
Morning / Afternoon	Arrival in Dubai	
13:30	Transfer from Airport to Bab Al Shams Desert Resort (HRRS Venue)	
15:30 – 16:00	Afternoon Tea	
16:00 – 18:00	Welcome Session Introduction and background to IACAPAP and the HRRS Introduction of HRRS2022 fellows and mentors	
19:30	Welcome Dinner at Al Hadheerah (Bab Al Shams)	

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Monday, 21	February 2022
7:30 – 9:00	Breakfast at Al Forsan Restaurant
9:00 – 10:30	Lecture 1: The academic journey (I) Hesham Hamoda
10:30 – 11:00	Morning Coffee
11:00 – 12:30	Lecture 2: Developing research for impact in the Eastern Mediterranean Region
	Ammar Albanna and Yasser Ad-Dabbagh
12:30 – 13:30	Lunch
13:30 – 15:30	Small group work
	(discussion groups of fellows' research plans with mentors)
15:30 – 16:00	Afternoon Tea
16:00 – 17:30	Feedback to other groups and discussion
17:30 – 19:00	Group Activity
19:30	Dinner

Wednesday, 23 February 2022		
7:30 – 9:00	Breakfast	
9:00 – 10:30	Lecture 5: The academic journey (II) Maretha de Jonge	
10:30 – 11:00	Morning Coffee	
11:00 – 13:00	Lecture 6: How to write a good grant Prof Christina Schwenck	
13:00 – 14:00	Lunch	
14:00 – 20:00	Excursion and Dinner	

Thursday, 24	February 2022
7:30 – 9:00	Breakfast
9:00 – 10:30	Lecture 7: Infant Mental Health: a new era in research and intervention Dr Azhar Abuali
10:30 – 11:00	Morning Coffee
11:00 – 12:30	Lecture 8: How to write a good abstract Prof Petrus de Vries and mentors
12:30 – 13:30	Lunch
13:30 – 14:30	1:1 mentoring (and abstract writing)
14:30 – 15:00	Afternoon tea
15:00 – 16:00	Transfer to Dubai City
16:00 – 19:00	Public Lecture & Tour of Al Jalila Children's Speciality Hospital
19:00 – 21:00	Group Activity and Gala Dinner

Friday, 25 February 2022		
7:30 – 9:00	Breakfast	
9:00 – 10:30	Lecture 9: "Ask us anything" – Panel Discussion between HRRS Fellows and Mentors	
10:30 – 11:00	Morning Coffee	
11:00 – 12:30	Final small group discussions	
12:30 – 14:00	Lunch	
14:00 – 15:30	General discussion, evaluation and conclusion	
15:30	Afternoon Tea and Depart	

Notes

40



CHILD AND ADOLESCENT MENTAL HEALTH: SHAPING THE FUTURE

05-09 DECEMBER 2022

DUBAI | UNITED ARAB EMIRATES



Organizing Committee



Dr. Ammar Albanna Congress Chair



Dr. Hesham Hamoda Scientific Committee Chair



Dr. Meshal Sultan Local Organizing Committee Chair



Ms. Shaikha Al Hemeiri Social & Partnership Committee Chair

Abstract Submission

Submission Opens 25 January 2022

Submission Deadline

05 May 2022 _

Call For Presentations

The Scientific Program Committee of the 25th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) invites authors to submit presentations for the 2022 World Congress.

The Congress theme is "Child and Adolescent Mental Health: Shaping the Future". All enquiries regarding Presentation for IACAPAP 2022 should be emailed to the Congress Secretariat at IACAPAP2022@dwtc.com

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